

**Jefferson West USD 340 Breakfast Menu  
OCTOBER 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
1)BREAKFAST BUNS 2)CEREAL,TOAST OR CRACKER FRUIT /FRUIT JUICE MILK CHOICE	SMOOTHIE OR YOGURT/GRANOLA 2)CEREAL,TOAST OR CRACKER FRUIT/FRUIT JUICE MILK CHOICE	1)MAPLE PANCAKE SANDWICH 2)CEREAL,TOAST OR CRACKER FRUIT/FRUIT JUICE MILK CHOICE	1)WG BISCUIT/GRAVY 2)CEREAL,CRACKER FRUIT/FRUIT JUICE MILK CHOICE	1)COFFEE CAKE 2)CEREAL,TOAST OR CRACKER FRUIT/FRUIT JUICE MILK CHOICE
8	9	10	11	12
1WAFFLE,SAUSAGE LINK 2)CEREAL/TOAST OR CRACKER FRUIT COCKTAIL FRUIT JUICE MILK CHOICE	1)BREAKFAST PIZZA 2)CEREAL/TOAST OR CRACKER PINEAPPLE FRUIT JUICE MILK CHOICE	1)YOGURT//GRANOLA 2)CEREAL/ CRACKER MANDARINE ORANGE FRUIT JUICE MILK CHOICE	1)WG BISCUIT/GRAVY 2)CEREAL/CRACKER APPLESAUCE FRUIT JUICE MILK CHOICE	1)EGG PATTY/TOAST 2)CEREAL/TOAST OR CRACKER APPLE FRUIT JUICE MILK CHOICE
15	16	17	18	19
1)WW ENGLISH MUFFIN/SAUS-PAT 2)CEREAL,TOAST OR CRACKER FRUIT FRUIT JUICE MILK CHOICE	1)BREAKFAST BAGEL PKG 2)CEREAL/TOAST OR CRACKER PEARS FRUIT JUICE MILK CHOICE	1)CINNAMON ROLL 2)CEREAL/ CRACKER PINEAPPLE FRUIT JUICE MILK CHOICE	1)WG BISCUIT/GRAVY 2)CEREAL/CRACKERS TROPICAL FRUIT FRUIT JUICE MILK CHOICE	1)HAM,EGG,CHE-PATTY/TOAST 2)CEREAL/TOAST OR CRACKER APPLESAUCE FRUIT JUICE MILK CHOICE
22	23	24	25	26
1)BREAKFAST BURRITO 2)CEREAL/TOAST OR CRACKER FRUIT FRUIT JUICE MILK CHOICE	1)FRUDEL 2)CEREAL/TOAST OR CRACKER FRUIT FRUIT JUICE MILK CHOICE	NO SCHOOL	1)WG BISCUIT/GRAVY 2)CEREAL/CRACKER APPLE FRUIT JUICE MILK CHOICE	1)BREAKFAST PIZZA 2 CEREAL/TOAST OR CRACKER PEARS FRUIT JUICE MILK CHOICE
29	30	31		
1)WG BISCUIT/SAUS-PAT 2)CEREAL,TOAST OR CRACKER FRUIT FRUIT JUICE MILK CHOICE	1)BREAKFAST MINI SLIDERS 2)CEREAL/TOAST OR CRACKER APRICOT FRUIT JUICE MILK CHOICE	1)FLAPSTICKS 2)CEREAL/TOAST OR CRACKER FRUIT FRUIT JUICE MILK CHOICE		

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# JEFFERSON WEST LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
1)MINI CORN DOGS/TRI TATOR 2)ES-PBJ-SAND/MS,,HS SALAD BAR BAKED BEANS/GREEN PEAS MANDARIN ORANGE,APPLE MILK CHOICE	1)NACHOS/WG CHIPS 2)ES-PBJ-SAND/MS,,HS SALAD BAR REFRIED BEANS/MEXICAN CORN PINEAPPLE/ APPLESAUCE MILK CHOICE	1)GRILLED CHICKEN/BUN 2)ES-PBJ-SAND/MS,,HS SALAD BAR SWEET POTATO/GREEN BEANS APPLE CRISP/PEACHES MILK CHOICE	1)PEPPERONI PIZZA 2)ES-PBJ-SAND/MS,,HS,SALAD BAR PEPPER STRIPS/BABY CARROTS SALAD/FRUIT COCKTAIL/PEARS MILK CHOICE	1)SPAGHETTI/ITALIAN CHEESE BREAD 2)ES-PBJ-SAND/MS,,HS SALAD BAR CAULFLOWER/BROCCOLI APPLESALAD/APRICOT MILK CHOICE
8	9	10	11	12
1)TURKET & CHEESE ON BUN 2)ES-PBJ-SAND,,MS,HS-SALAD BAR SLICED POTATO PEARS//APPLE STEAMED SPINACH MILK CHOICE	1)TACO SOUP//WG CHIPS 2ES-PBJ-SAND,,MS,HS-SALAD BAR STRAWBERRIES/PEACHES REFRIED BEANS/TOMATO SALSA MILK CHOICE	1)COUNTRY FRIED STEAK 2)ES-PBJ-SAND,,MS,HS-SALAD BAR GREEN PEAS/MASH-POT/GRAVY TROPICAL FRUIT/APPLESAUCE ROLL/SALAD MILK CHOICE	1)CHICKEN QUESADILLA/WG CHIPS 2)ES-PBJ-SAND,,MS,HS-SALAD BAR BLACK BEAN SALSA FRESH BROCCOLI/BABY CARROTS GRAPES/PINEAPPLE MILK CHOICE	1)MINI MEATBALL SUB 2)ES-PBJ-SAND,,MS,HS-SALAD BAR CORN/ROMAINE SALAD MANDARIN ORANGE//APRICOT MILK CHOICE
15	16	17	18	19
1)CORN DOG 2)ES-PBJ-SAND,,MS,HS-SALAD BAR BAKED BEANS PEARS,MANDARINE ORANGE ITALIAN ROASTED POTATOES MILK CHOICE	1)POPCORN CHICKEN/BISCUIT(6-12) 2)ES-PBJ-SAND,,MS,HS-SALAD BAR COLE SLAW/SWEET POTATOES APRICOT/APPLES MILK CHOICE	1) CHEESE PIZZA/BROWNIE 2)ES-PBJ-SAND,,MS,HS-SALAD BAR BABY CARROTS/SLICE CUCUMBER BANANA/PEACHES/CAULFLOWER MILK CHOICE	1)SALISBURY STEAK,SLICE BREAD 2)ES-PBJ-SAND,,MS,HS-SALAD BAR MASHED POTATO/GRAVY TROPICAL FRUIT//APPLESAUCE BROCCOLI//GREEN BEANS MILK CHOICE	1)BISCUIT AND GRAVY 2)ES-PBJ-SAND,,MS,HS-SALAD BAR HASHBROWN PEAS//MIXED VEGGIE PLUMS/APPLESALAD SAUSAGE PATTY(6-12) MILK CHOICE
22	23	24	25	26
1)CHEESBURGER/BUN/BAKED FF 2)ES-PBJ-SAND/MS,HS SALAD BAR ORANGE WEDGE/FRUIT COCKTAIL GREEN BEANS/LETTUCE/ TOMATO MILK CHOICE	1)TACO SALAD/WG CHIPS 2)ES-PBJ-SAND,MS,HS-SALAD BAR RED PEPPERS STRIPS/REFRIED BEANS APPLE/LETTUCE/CHEESE/MILK CHOICE MANDARINE ORANGE OATMEAL COOKIE(9-12)	NO SCHOOL	1)CRISPITO//SPANISH RICE 2)ES-PBJ-SAND,,MS,HS-SALAD BAR SALAD/COUNTRY TRIO /GRAPES PEARS/ MILK CHOICE CINNAMON PUFF(6-12)	1)CHICKEN AND NOODLES 2)ES-PBJ-SAND,MS,HS-SALAD BAR MASHED POTATO//PEAS OATMEAL ROLL(6-12) PINEAPPLE/APPLESALAD CELERY/BABY CARROTS MILK CHOICE
29	30	31		
1)HAM & CHEESE/BUN,CHIP PKG 2)ES,PBJ SAND,,MS,HS-SALAD BAR LETTUCE /TOMATO SLICE/CORN STRAWBERRIES/APPLE/MILK	1)CHICKEN NUGGETS/HASHBROWN 2 ES-PBJ-SAND,,MS,HS-SALAD BAR BABY CARROTS/CUCUMBERS ROLL/MILK CHOICE MANDARINE ORANGE/APPLESAUC	1)CHEESE PIZZA,,COOKIE 2)ES-PBJ-SAND/MS,HS-SALAD BAR CELERY&PB//CARROTS PINEAPPLE/PEACHES MILK CHOICE		

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