

**Jefferson West USD340 Breakfast Menu  
OCTOBER 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
1)BREAKFAST BUNS 2)CEREAL,TOAST OR CRACKER FRUIT /FRUIT JUICE MILK CHOICE	SMOOTHIE OR YOGURT/GRANOLA 2)CEREAL,TOAST OR CRACKER FRUIT/FRUIT JUICE MILK CHOICE	1)FLAPSTICK 2)CEREAL,TOAST OR CRACKER FRUIT/FRUIT JUICE MILK CHOICE	1)WG BISCUIT/GRAVY 2)CEREAL,CRACKER FRUIT/FRUIT JUICE MILK CHOICE	1)COFFEE CAKE 2)CEREAL,TOAST OR CRACKER FRUIT/FRUIT JUICE MILK CHOICE
9	10	11	12	13
1)WAFFLE,SAUSAGE LINK 2)CEREAL/TOAST OR CRACKER FRUIT COCKTAIL FRUIT JUICE MILK CHOICE	1)BREAKFAST PIZZA 2)CEREAL/TOAST OR CRACKER PINEAPPLE FRUIT JUICE MILK CHOICE	1)PANCAKES 2)CEREAL/TOAST OR CRACKER MANDARINE ORANGE FRUIT JUICE MILK CHOICE	1)WG BISCUIT/GRAVY 2)CEREAL/CRACKER APPLESAUCE FRUIT JUICE MILK CHOICE	1)EGG PATTY/TOAST 2)CEREAL/TOAST OR CRACKER APPLE FRUIT JUICE MILK CHOICE
16	17	18	19	20
1)WW ENGLISH MUFFIN/SAUS-PAT 2)CEREAL,TOAST OR CRACKER FRUIT FRUIT JUICE MILK CHOICE	1)BREAKFAST BAGEL PKG 2)CEREAL/TOAST OR CRACKER PEARS FRUIT JUICE MILK CHOICE	1)CINNAMON ROLL 2)CEREAL/TOAST OR CRACKER PINEAPPLE FRUIT JUICE MILK CHOICE	1)WG BISCUIT/GRAVY 2)CEREAL/CRACKERS TROPICAL FRUIT FRUIT JUICE MILK CHOICE	1)HAM,EGG,CHE-PATTY/TOAST 2)CEREAL/TOAST OR CRACKER APPLESAUCE FRUIT JUICE MILK CHOICE
23	24	25	26	27
NO SCHOOL	1)BREAKFAST BURRITO 2)CEREAL/TOAST OR CRACKER ORANGE WEDGES FRUIT JUICE MILK CHOICE	1)FLAPSTICK 2)CEREAL/TOAST OR CRACKER FRUIT COCKTAIL FRUIT JUICE MILK CHOICE	1)WG BISCUIT/GRAVY 2)CEREAL/CRACKER APPLE FRUIT JUICE MILK CHOICE	1)BREAKFAST PIZZA 2)CEREAL/TOAST OR CRACKER PEARS FRUIT JUICE MILK CHOICE
30	31			
1)WG BISCUIT/SAUS-PAT 2)CEREAL,TOAST OR CRACKER FRUIT FRUIT JUICE MILK CHOICE OCTOBER 31-NO SCHOOL	1)BREAKFAST MINI SLIDERS 2)CEREAL/TOAST OR CRACKER APRICOT FRUIT JUICE MILK CHOICE			

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OCTOBER 2017

# JEFFERSON WEST LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
1)MINI CORN DOGS//,TRI TATOR 2)ES-PBJ-SAND/MS,,HS SALAD BAR BAKED BEANS/GREEN PEAS MANDARIN ORANGE,APPLE MILK CHOICE	1)NACHOS/WG CHIPS 2)ES-PBJ-SAND/MS,,HS SALAD BAR REFRIED BEANS/MEXICAN CORN PINEAPPLE/ APPLESAUCE MILK CHOICE	1)GRILLED CHICKEN/BUN 2)ES-PBJ-SAND/MS,,HS SALAD BAR SWEET POTATO/GREEN BEANS APPLE CRISP/PEACHES MILK CHOICE	1)SPAGHETTI/ITALIAN CHEESE BREAD 2)ES-PBJ-SAND/MS,,HS,SALAD BAR PEPPER STRIPS/BABY CARROTS SALAD/FRUIT COCKTAIL/PEARS MILK CHOICE	1)PEPPERONI PIZZA 2)ES-PBJ-SAND/MS,,HS SALAD BAR CAULFLOWER/BROCCOLI APPLESALAD/APRICOT MILK CHOICE
9	10	11	12	13
1)RIB PATTY ON BUN 2)ES-PBJ-SAND,,MS,HS-SALAD BAR SLICED POTATO PEARS//APPLE STEAMED SPINACH MILK CHOICE	1)TACO SOUP//WG CHIPS 2ES-PBJ-SAND,,MS,HS-SALAD BAR STRAWBERRIES/PEACHES REFRIED BEANS/TOMATO SALSA MILK CHOICE	1)CORN DOG/TATOR TOTS 2)ES-PBJ-SAND,,MS,HS-SALAD BAR GREEN BEANS/LETTUCE/TOMATO TROPICAL FRUIT/APPLESAUCE SNICKERDOODLE MILK CHOICE	1)CHICKEN QUESADILLA/WG CHIPS 2)ES-PBJ-SAND,,MS,HS-SALAD BAR BLACK BEAN SALSA FRESH BROCCOLI/BABY CARROTS BANANA/PINEAPPLE MILK CHOICE	1)TURKEY & CHEESE/BUN 2)ES-PBJ-SAND,,MS,HS-SALAD BAR CORN/ROMAINE SALAD GRAPES//APRICOT MILK CHOICE
16	17	18	19	20
1)MINI MEAT BALL SUB 2)ES-PBJ-SAND,,MS,HS-SALAD BAR ROMAINE SALAD PEARS,MANDARINE ORANGE ITALIAN ROASTED POTATOES MILK CHOICE	1)POPCORN CHICKEN/ROLL(6-12) 2)ES-PBJ-SAND,,MS,HS-SALAD BAR COLE SLAW/BAKED BEANS APRICOT/APPLES MILK CHOICE	1) CHILI/CINNAMON ROLL 2)ES-PBJ-SAND,,MS,HS-SALAD BAR BABY CARROTS/SLICE CUCUMBER BANANA/PEACHES/CAULFLOWER MILK CHOICE	1)CHEESE PIZZA 2)ES-PBJ-SAND,,MS,HS-SALAD BAR  TROPICAL FRUIT//APPLESAUCE BROCCOLI//GREEN BEANS MILK CHOICE	1)BISCUIT AND GRAVY 2)ES-PBJ-SAND,,MS,HS-SALAD BAR HASHBROWN PEARS//MIXED VEGGIE PLUMS/APPLESALAD SAUSAGE PATTY(6-12) MILK CHOICE
23	24	25	26	27
NO SCHOOL	1)CHICKEN CRISPITO/SPANISH RICE 2)ES-PBJ-SAND,MS,HS-SALAD BAR ROMAINE SALAD/COUNTRY TRIO APPLE/MILK CHOICE MANDARINE ORANGE OATMEAL COOKIE(9-12)	1)CHESBURGER /WW BUN/BAKED FF 2)ES-PBJ-SAND//MS,HS,SALAD BAR MILK CHOICE ORANGE WEDGE/FRUIT COCKTAIL GREEN BEANS/LETTUCE/TOMATO	1)TACO SALAD/WG CHIPS 2)ES-PBJ-SAND,,MS,HS-SALAD BAR RED PEPPER STRIPS/REFRIED BEANS LETTUCE /CHEESE CUP/GRAPES PEARS/ MILK CHOICE CINNAMON PUFF(6-12)	1)CHICKEN AND NOODLES 2)ES-PBJ-SAND,MS,HS-SALAD BAR MASHED POTATO OATMEAL ROLL(6-12) PINEAPPLE/APPLESALAD CELERY/BABY CARROTS MILK CHOICE
30	31			
1)HAMBURGER/BUN,BAKED FRIES 2)ES,PBJ SAND,,MS,HS-SALAD BAR LETTUCE /TOMATO SLICE/CORN STRAWBERRIES/BANANA/MILK	1)CHICKEN NUGGETS/HASHBROWN 2 ES-PBJ-SAND,,MS,HS-SALAD BAR BABY CARROTS/CUCUMBERS ROLL/MILK CHOICE MANDARINE ORANGE/APPLE			

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