

Jefferson West USD340 Breakfast Menu OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			1) BISCUIT, SAUSAGE GRAVY 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) LONG JOHN 2) CEREAL, CRACKER FRUIT /FRUIT JUICE
5	6	7	8	9
1) BREAKFAST BURRITO 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) BAGEL 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1)FRENCH TOAST STICK 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) BISCUIT, SAUSAGE GRAVY 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) FLAPSTICK 2)CEREAL, CRACKER FRUIT /FRUIT JUICE
12	13	14	15	16
1) WAFFLES & SAUSAGE 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) BREAKFAST SLIDER 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) STRUDEL 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) BISCUIT, SAUSAGE GRAVY 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) BREAKFAST PIZZA 2)CEREAL, CRACKER FRUIT /FRUIT JUICE
19	20	21	22	23
1) PANCAKES 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) ENGLISH MUFFIN 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) MUFFIN 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) BISCUIT, SAUSAGE GRAVY 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) CINNAMON ROLL 2)CEREAL, CRACKER FRUIT /FRUIT JUICE
26	27	28	29	30
1) FRENCH TOAST STICK 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1)HAM EGG CHEESE BISCUIT 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	1) YOGURT & GRANOLA 2)CEREAL, CRACKER FRUIT /FRUIT JUICE	NO SCHOOL	NO SCHOOL

Jefferson West USD 340 Lunch Menu OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			1 Hamburger on a bun 2 ES-PB&J, MS/HS- Popcorn Chicken Salad Mixed greens, tator tots Pineapple, apricot	1 Pizza/cookie 2 ES- PB&J, MS/HS- Italian Chef Salad Mixed greens, corn Tropical fruit, applesauce
5	6	7	8	9
1 Chicken patty on a bun 2 ES-PB&J, MS/HS- Cobb Salad Mixed greens, tomatoes Peach, applesauce	1 Sloppy Joe 2 ES-PB&J, MS/HS- Chicken Bacon Ranch Salad Mixed greens, carrots Pears, apple	1 Super Nachos 2 ES-PB&J, MS/HS- Taco Salad Mixed greens, refried beans Orange, grapes	1 Mini meatball sub 2 ES-PB&J, MS/HS- Popcorn Chicken Salad Mixed greens, tator tots Pineapple, Watermelon	1 Pizza 2 ES- PB&J, MS/HS- Italian Chef Salad Mixed greens, corn Tropical fruit, grapes
12	13	14	15	16
1 BBQ rib on a bun 2 ES-PB&J, MS/HS- Cobb Salad Mixed greens, carrots Peach, banana	1 Hot dog on a bun 2 ES-PB&J, MS/HS- Chicken Bacon Ranch Salad Mixed greens, green beans Pears, applesauce	1 Tacos 2 ES-PB&J, MS/HS- Taco Salad Mixed greens, refried beans Orange, Cantaloupe	1 Chili w/cin roll 2 ES-PB&J, MS/HS- Popcorn Chicken Salad Mixed greens, tator tots Grapes, fruit cocktail	1 Pizza 2 ES- PB&J, MS/HS- Italian Chef Salad Mixed greens, corn Tropical fruit, apple
19	20	21	22	23
1 Lasagna w/roll 2 ES-PB&J, MS/HS- Cobb Salad Mixed greens, carrots Peach, banana	1 Corn dog 2 ES-PB&J, MS/HS- Chicken Bacon Ranch Salad Mixed greens, green beans Pears, apple	1 Taco burger on a bun 2 ES-PB&J, MS/HS- Taco Salad Mixed greens, refried beans Orange, Applesauce	1 Chicken Nuggets & Roll 2 ES-PB&J, MS/HS- Popcorn Chicken Salad Mixed greens, tator tots Pineapple, Watermelon	1 Pizza/cookie 2 ES- PB&J, MS/HS- Italian Chef Salad Mixed greens, corn Tropical fruit, grapes

26	27	28	29	30
1 Grilled cheese & tomato soup 2 ES-PB&J, MS/HS- Cobb Salad Mixed greens, carrots peach, banana	1 Pulled pork on a bun 2 ES-PB&J, MS/HS- Chicken Bacon Ranch Salad Mixed greens, cantaloupe Pears, apple	1 Taco quesadilla 2 ES-PB&J, MS/HS- Taco Salad Mixed greens, tomatoes Orange, refried beans	NO SCHOOL	NO SCHOOL

USDA is an equal opportunity provider and employer. Milk offered